

4th Annual

SHARON'S Ride.Run.Walk FOR EPILEPSY



January 29 2006 • Honolulu, Hawaii

Start/Finish: Kapiolani Community College , Diamond Head Drive (rain or shine)

Registration: Starts at 6:00am

Ride: 7:00am - 100km or 75km / 8:00am - 40km or 10km
(10km for children under 12 w/ parent)

Run: 7:00am - NEW for 2006! 5km timed run into DIAMOND HEAD CRATER and back

Walk: 8:30am - 1 mile

Party: 9:30am - food, entertainment, prizes and fun events for adults and children!

Medals for Timed Run: Age groups 6-12, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

For the kids: Keiki obstacle course and bike safety (open to all registered participants age 12 and under)



Mail in form or register online at sharonforepilepsy.org.

Info packets will be mailed to all preregistered entries or you may pick up your T-shirts and numbers at registration on Sun, January 29th, or the day before on Sat, January 28th, 2-4pm at Kapiolani Community College - Parking Lot C.



**For info call
808-528-3058 or 866-528-3058
(toll free outer islands)**



2006 Sharon's Ride.Run.Walk • Mail-in Registration Form

Name _____ Age (on day of event) _____ Gender: Male Female

Address _____

City _____ State _____ Zip _____

Phone: (Home) _____ (Work) _____ E-Mail _____

I will participate in:

BIKE RIDE - Register me as:

Individual or

Team Member - Team name is: _____

Enclosed is my \$25 registration fee (\$30 after Jan. 15)

T-Shirt size: _____

RUN / WALK / KEIKI COURSE - Register me as:

Individual or

Team Member - Team name is: _____

Enclosed is my \$20 registration fee (\$25 after Jan. 15)

T-Shirt size: _____

FAMILY BIKE RIDE or WALK

of family members (up to 5) _____

Enclosed is my \$50 family registration fee

(\$60 after Jan. 15)

T-Shirt sizes:

Adult: S _____ M _____ L _____ XL _____

Child: S _____ M _____ L _____ XL _____

Mail to: Epilepsy Foundation of Hawaii, 245 N. Kukui Street, Suite 207, Honolulu, HI 96817

Make check payable to: **Sharon's Ride / Epilepsy Foundation of Hawaii**

Helmets are required for riders. Entries from minors will only be accepted with a parent or guardian's signature. I know that biking is a potentially hazardous activity. I should not enter and ride unless I am medically able and properly trained. I know that there will be traffic on the course route. I assume the risk of riding in traffic. I assume any and all other risks associated with this event, including but not limited to falls, contact with other participants, the effects of the weather, including high heat and humidity, and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge the Epilepsy Foundation of Hawaii, this event's officers, directors, members, volunteer-agents, successors, assigns or anyone acting on their behalf, from any and all claims of liability for death, personal injury, or property damage of any kind the nature whatsoever arising out of or in the course of my participation in this event. I grant permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

Signature (parent or guardian's signature, if less than 18 years of age)